

East Somerset Federation



Bruton
Primary School



Upton Noble
C of E VC Primary School

Personal, Social and Health Education and Citizenship Policy

Approved by the Governing Body of
The East Somerset Federation

Signed: *Susan Spise*

Date: September 2023

Date for Review: September 2025

Personal, Social and Health Education and Citizenship Policy Intent

At the East Somerset Federation, we believe that PSHE and citizenship, economic wellbeing should enable children to become healthier, more independent and more responsible members of society. We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In doing so we help develop their sense of self-worth. We teach our pupils how society is organised and governed. We ensure that the children experience the process of democracy through participation in the school council and through the everyday life at school. We teach children both about their rights and about their responsibilities. They learn to appreciate what it means to be a positive member of a diverse and multicultural society.

Aims and Objectives

The objectives of PSHE and Citizenship are to enable the children to:

- develop the knowledge and skills to enable them to become confident, healthy individuals
- develop a safe and healthy lifestyle
- understand what makes a good relationship for others
- have respect for others in school and in the outside world
- develop own sense of self-esteem and emotional well-being and encourage others to do so
- make the most of their own abilities
- be independent and responsible members of a community, such as school
- develop self-confidence and self-esteem and make informed choices regarding personal and social issues
- develop good relationships with other members of the community
- acquire enduring values and aspirations

Teaching and Learning Style

We use a range of teaching and learning styles to meet the PSHE requirements of the National Curriculum. We emphasise active learning by including the children in discussions, investigations and problem-solving activities. We encourage the children to take part in a range of tasks that promote active citizenship, for example charity fundraising, the planning of special school events (such as an assembly or leaving service) or involvement in helping other individuals or groups less fortunate than themselves. We organise classes in such a way that pupils are able, through

discussion, to set agreed classroom rules of behaviour and resolve any conflicts. We offer children the opportunity to hear visiting speakers, such as health workers, police and the local clergy whom we invite into the school to talk about their role in creating a positive and supportive local community. Effective Learning Behaviours (Being Resilient, Being Independent, Being Creative, Being Ambitious and Being Reflective) in Bruton are the attributes the school focuses on. At Ditchat Learning behaviours such as (1 Peacemaker- open minded, respect, kindness, tolerance, caring, 2 Communicator - empathy, listening, communication 3 Collaborator - team work, collaborating, sharing 4 Risk taker - perseverance, aspiration, risk taking, growth, challenge, mind set 5 Thinker - thinking, questioning, reflecting, concentrating) and their school values (Respect, Diversity, Perseverance, Communication, Thinking, Collaboration and Caring) underpin the school's focus. Personal Learning and Thinking skills (Effective Participators, Independent Enquirers, Creative Thinkers, Team Worker's, Self-Managers and Reflective Learners) and the School's chosen Christian values (Resilience, Love, Friendship, Respect, Trust and Honesty) in Upton Noble underpin school life. Pupils are nominated for these attributes by both teachers and peers and are celebrated in the schools' celebration assemblies. Photos are displayed on the boards either in reception or in the school hall and shared with parents and carers in the schools' weekly planners. Pupils from year 6 act as mediators using a restorative justice approach to resolve any conflicts. A head boy, a head girl, deputies and prefects act as role models to the children within the school and have leading roles throughout the school calendar year.

PSHCE and Citizenship Curriculum Planning

At Bruton and Upton Noble Primary we teach PSHE using Connect, a values-based wellbeing curriculum, and resources from the PSHE Association. At Ditchat the school use the PSHE resource: Jigsaw. There is a planned progression and continuity throughout the key stages. Some PSHE and C topics will link through teaching other subjects. The Federation uses active bytes resources produced by Elim to support on-line safety throughout each year group.

We also develop PSHE through various activities and whole school events e.g. Children organising MacMillan Coffee mornings, supporting charities such as School in a Bag, having whole school focused weeks such as: Anti-bullying week, on-line safety week, mental health and wellbeing week. School Council representatives meet fortnightly to discuss school matters. The Wellbeing Action Groups also meet half termly. Across the Federation the children in Year 6 are given the opportunity to become play leaders whereby they act as a buddy in the playground to other children in school. This helps to promote the children's self-esteem which in turn gives them a sense of responsibility and helps reduce the number of playground incidents. Our Key Stage 2 children experience a residential in Okehampton where there is a particular focus on developing pupils' self-esteem and give them opportunities to develop leadership skills and positive team work.

Pupils are given an opportunity to voice opinions through the use of the school council suggestion box; our open door approach gives parents an opportunity to request an appointment to see a member of staff when necessary. Relevant issues can be raised through PSHE and issues of a confidential nature are dealt with in a sensitive manner.

Pastoral care is supported by the schools: Anti-Bullying policy, Behaviour policy, Safeguarding policy, Wellbeing policy and School Rules. School rules encourage and promote positive behaviour with rewards, sanctions are also clearly stated.

Teaching PSHE and Citizenship to Children with Special Needs

We teach PSHE to all children, regardless of their ability. All children are considered as individuals and are not discriminated against by any other means. Our teachers provide learning opportunities matched to the individual needs of all children.

Assessment for Learning

Our teachers assess the children's work in PSHE both by making informal judgements, as they observe them during lessons and through formal assessments of the work done, gauging it against the specific learning objectives set out in the National Curriculum termly. We have clear expectations of what pupils will know, understand and be able to do at the end of each year group.

We encourage pupils to contribute to the life of the school and the community.

Monitoring and Review

The monitoring of standards of work and the quality of PSHCE teaching is the responsibility of the PSHCE subject leader. The work of the subject leaders is significant in raising standards and this involves supporting colleagues in their teaching, being informed about current developments in their subject, and providing a strategic lead and direction in PSHCE. Where possible, subject leaders have specially allocated time for carrying out the vital tasks of reviewing samples of work and visiting classes to observe teaching.

This policy will be reviewed biennially.