

Information for Parents/Carers

Physical Education

Physical Education - A Year 5 Sports Person

Games

I can gain possession by working a team.

I can pass in different ways.

I can use forehand and backhand with a racket.

I can field.

I can choose a tactic for defending and attacking.

I can use a number of techniques to pass, dribble and shoot.

Gymnastics

I can make complex extended sequences.

I can combine action, balance and shape.

I can perform consistently to different audiences.

Dance

I can compose my own dances in a creative way.

I can perform to an accompaniment.

My dance shows clarity, fluency, accuracy and consistency.

Athletics

I can be controlled when taking off and landing.

I can throw with accuracy.

I can combine running and jumping.

Outdoor and adventurous

I can follow a map in an unknown location.

I can use clues and a compass to navigate a route.

I can change my route to overcome a problem.

I can use new information to change my route.